



Sunday, July 8, 2018 – Maureen Brown
“Don’t You Trust Me?” – Proverbs 3:5-6

Questions for Reflection and Discussion:

(These are to be used personally, with family or with your Small Group)

We often hear the phrase “don’t you trust me?” or “just trust me.” In an age where trust is often broken, these can be hard phrases to believe; consequently, putting trust in God can be difficult for some. In the teaching of Proverbs, trust is the antidote to worry, not because it means we will have all we desire but because trust will keep us from taking matters into our own hands. Trusting in God implies that He is trustworthy and as we trust Him, He will direct our paths. He knows what is good for us better than we do ourselves. This is not to say that trusting God means we no longer are responsible for our actions, but that we put God’s desires at the center of our decision-making and listen to His Spirit within us for guidance and direction.

1. Discuss a time when you trusted in something or someone and that trust was broken.
2. What does trust look like in a relationship? How do you know when you fully trust someone?
3. Read Proverbs 3:5-6. How would you define trusting in God?
4. What does it mean to you to trust “with all your heart?”
5. It has been said that to trust in the Lord means more than just believing in who He is and what He says; the word here for trust can also mean “to have confidence in.” How would you describe the difference between confidence and trust?

6. Read Isaiah 26:3. What is the promise given in this verse to those who trust in God? Why do you think that promise is a result of our trusting God? How have you experienced this?
7. Read Psalm 31:14-15 & Psalm 37:5. What are we instructed to do in these verses and what are the outcomes in regards to trusting God ?
8. How would you respond to non-believers if they asked you how they could begin trusting in the Lord?

Next Steps

As we trust more in Jesus and have confidence to act on His will, we may have to turn down opportunities that seem great because Jesus has called us elsewhere or accept callings that scare us. Acknowledging God in everything means that we remember that no circumstances come to us outside of the Father’s will. Knowing this will give us strength even through difficulties, pains, and fears, because we know that God will never leave our side. Share together if you have experienced any of these feelings as you have followed God’s path for your life. Spend some time praying for one another with this in mind.

Pray also for those that our church has sent out to share the Gospel in other parts of the world. Pray that they would be able to trust in God with full confidence as they follow His path for them.